



## **New Pathways Psychotherapy, Plc.**

13701 W. Jewell Ave., Suite 200-19  
Lakewood, CO 80228  
(720) 640-7876

# **Session Rating Scale / Feedback Form**

Rate each area on a scale of **0 (low)** to **10 (high)**:

**Relationship** – I felt heard, understood, and respected: [ 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10 ]

Score: \_\_\_\_\_

**Goals/Topics** – We worked on what I wanted to: [ 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10 ]

Score: \_\_\_\_\_

**Method** – The therapist's approach felt right for me: [ 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10 ]

Score: \_\_\_\_\_

**Overall** – Today's session was right for me: [ 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10 ]

Score: \_\_\_\_\_

**Comments / Suggestions for Next Session:**

Client Initials: \_\_\_\_\_ Date: \_\_\_\_\_